



# ST. THERESA CATHOLIC

FAITH • SERVICE • COMMUNITY • EDUCATION

## September 28, 2023 News & Updates

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### Upcoming Important Date

9/28/23 Curriculum  
Resource Night 5-7pm

10/6/23 8:30 am, School  
Mass - 3rd grade

10/12/23 No School  
Conferences 9-12 noon

9/29/23 8:30 am, School  
Mass - 4th grade

10/6/23 Middle School  
Girls Basketball  
Registration Due

10/13/23 No School

10/1/23 12-2:30 pm, St.  
Theresa of the Child  
Jesus Feast Day  
Celebration

10/9/23 2:30 p.m.  
Dismissal/Conferences  
3:30-7:30

10/16/23 No School-PD

10/20/23 8:30 am, School  
Mass - 8th grade

10/2/23 Smith Pro  
Uniform/Spirit Wear 3rd  
Order  
Deadline/Conference  
signup begins at 9:00am

10/10/23 2:30 p.m.  
Dismissal/Conferences  
3:30-7:30

10/26/23 Spirit Day

10/27/23 8:30 am, School  
Mass - 7th grade/Trunk  
or Treat 6-8pm

10/11/23 8:30 am, School  
Mass - Staff

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## Social Media - Follow us on Facebook

[St. Theresa Catholic School](#)

[St. Theresa of the Child Jesus Catholic Church](#)

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# School News

## TIME TO SIGN UP FOR CONFERENCES!

Parent-teacher conferences will be held Monday October 9 and Tuesday October 10 from 3:30-7:30, in person. (School will dismiss at 2:30 on those two days.) The other time slot is Thursday October 12 from 9:00-noon. These will be in person unless other arrangements are made with the teacher.

The signup website will be open to parents Monday morning at 9:00.

Website: [www.schoolbookings.net](http://www.schoolbookings.net)

Click the "Make an Appointment" button

Event code is pcwcu

Know your student's teacher names in advance. Students third grade and up should be present at conferences.

## PICK A DATE TO DONATE

Be sure to check your child's backpack this week for an October fundraiser. Opportunity to win Spirit Wear and \$100 gift card!

## JMC Registration

Families - Thank you to those of you who have done your JMC registration! For those of you who have not done it yet, **please do so by Sep 30, 2023**. If you do not have it done by then, you will not be able to have your child's picture taken for Facebook posts and your family will not be able to be in our directory. jmc is also where we notify you of important messages, and you can make sure your information is up to date. Here is the information again:

<https://docs.google.com/document/d/1hVLENOXe8vP7g0Nyb5ZCZqWwvqE48N4fCgoo6He9UMI/edit>

■ Parent Institute Newsletter October 2023 Elementary School English.pdf

## Parish Mass

On Sunday, October 15 at 8:30 a.m. students and families of grade Kindergarten, Fourth and Sixth will be leading the mass. We need parents to sign up their students and/or the family to participate in each ministry of the mass. This is an opportunity for our school families to give back to the parish and for the parish to see our school families in action. There are many positions to fill so please sign up your families today.

This is the beginning of a ministry that school families will provide to the church. Each month, different grades will be encouraged and sign up to participate in an assigned mass. Be thinking about how your family can help today. This is our fall schedule:

Date	Time	Classes
Sunday, Oct. 15	8:30 am Mass	K, 4th, 6th
Sunday, Nov. 19	10:30 am Mass	1st, 5th, 7th
Saturday, Dec. 16	4:30 pm Mass	2nd, 3rd, 8th

## **Sports - Girls Basketball**

There will be a basketball open gym for 6-8th grade girls interested in playing basketball on October 1 from 5:45-7 p.m.

Calling all 6th-8th grade girls interested in playing on a St. Theresa Catholic basketball team - Sign up for basketball now!

Shirts (included with fee) will be ordered Friday, 10/6/23, so please sign up soon!

Regular season basketball games are every Saturday 10/28/2023- 12/2/2023, with the exception of 11/25/23 (Thanksgiving weekend - no games), and a Season Ending Tournament, 12/09/2023 - 12/10/2023. Practice schedules will be determined once we know how many teams we will have.

Teams will be determined by number of players, skill assessment and CBL guidelines. WE NEED COACHES! Ideally we would like a head coach and a few assistant coaches per team. If you are interested in helping please contact Erica Niggemeyer 319-470-4275 or stcsathletics@gmail.com

If your daughter plans on playing basketball, please complete the following:

- Online Registration Form, click [here](#)
- St. Theresa Sports Physical and Concussion Form need to be up to date and on file in the school office (within the last 12 months) to participate in practice or games. Click [here](#) for the health physical and concussion forms.
- Eligibility: St. Theresa Catholic School & Parish Members Grades 6th-8th

Cost: \$65

[Volleyball Game Schedule](#)

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## **Parish News**

### **Join us this weekend for St. Theresa of the Child Jesus Feast Day**

Come and celebrate with a prayer service followed by a potluck in honor of St. Theresa's feast day on October 1, 12-2:30 p.m. in the parish hall. Bring a dish to share and enjoy fellowship and games for kids.

### **Can Openers Needed**

We are collecting new or used basic hand operated can openers to be given out at our St. Theresa and St. Vincent de Paul Food Pantries when people in need receive canned food. Please drop them in the SVdP box located near the west carport entrance of the church directly below the portrait of St. Vincent de Paul through the end of the month. This is a small ask to fill a big need! Thank you for your generosity!

### **Lunch & Learn**

What do balloons and painting have in common? Come and see! Come and paint with us!

Our Lunch and Learn on October 5 will be a lesson in painting with Tory Tyrrell.

We will have a fee, yet to be decided, for a canvas and materials. Bring a paint shirt with you.

Lunch and Learn begins at 10 a.m. and will end with a potluck lunch. You must RSVP to Barb Woods (515-210-6649 or bwoods@stdsm.com) by October 2 so that we will have enough materials.

## Fall Clean Up Day

FALL 2023 CLEAN UP...is upon us again...the CLEAN UP PROJECT is scheduled for Saturday, November 11 for members of our parish who need a little help with yard clean up or minor home repair.

Our Fall Clean Up is now in its 19th year of service to the needs of our parishioners and we thank all those who have been involved in past years and welcome them back again this year!

All volunteers - please be in the church parking lot on November 11, at 8:00 a.m. to begin our day.

If you are able to contribute to this project in any way, large or small please call us. Please bring your own rake and be ready to work. Thank you! Questions: Sergio Loch at 515-707-

6172, or 263-2922; sloch@grandview.edu; Paul Chicoine at 515-979-3822, [pcchicoine@gmail.com](mailto:pcchicoine@gmail.com)

## Community News



**Windsor Heights FALL FEST**  
OCTOBER 6TH & 7TH

# Fall Festival

in the heart of it all!

**Friday October 6**

**Movie in the Park - Hocus Pocus**  
Join us for free pizza, popcorn, soda, and cookies and watch Hocus Pocus under the stars!

**Pancake Breakfast 8-11am**  
The Windsor Heights Firefighter Association Pancake Breakfast is back! Stop by the Community & Events Center at Colby Park for a delicious breakfast supporting a great crew! Tickets are \$5/person or \$15/family!

**WHAMM - 9am Windsor Heights Annual Mini-Marathon**  
This 5k fun run along the scenic Greenbelt Trail is a good time for the whole family! Early bird discount \$27, registration after September 1st is \$35. Includes t-shirt and pancake breakfast ticket.

**Yoga with Mary McCarthy - 10am**  
Meet us at the pavilion with a yoga mat or towel for this FREE yoga class with Mary McCarthy. Whether this is your first yoga class or you're an expert Yogi, this class is for you!

**Windsor Heights Parade - 1pm**  
The Windsor Heights Parade is back! Sponsored by the Windsor Heights Chamber of Commerce, the parade is full of fun - and CANDY - for the whole family! Route details: 70th south from Wilshire to University, east to 69th street, south to Colby Park. *Parade entry registration is open, sign up today!*

**Saturday at Colby Park - 2pm**  
Colby Park has something for everyone Saturday! Inflatable bounce houses, petting zoo, silent disco, food trucks, vendor & community booths, live music and more! FREE fun for the whole family!

Community Awards, including Citizen & Business of the Year at 5:30pm

**Dick Danger Band - 6pm**  
Des Moines Finest Top Forty R&B, Funk band, The Dick Danger Band headlines our 2023 Fall Festival, sponsored by the Windsor Heights Foundation. Bring your chairs and get here early - you won't want to miss out!


**Fireworks - 7:30pm**  
Consider yourself warned - you DO NOT want to miss the best fireworks show this town has ever seen!

**Saturday October 7**



Please join us for the 62nd Annual Dowling Catholic Pancake Breakfast on October 29th from 7:30 AM - 12:00 PM in the Varied Industries Building at the Iowa State Fairgrounds. Proceeds from this great DCHS tradition support

student clubs and activities. To purchase tickets, sign up to volunteer, or donate baked goods, please visit [www.dowlingcatholic.org/pancake-breakfast](http://www.dowlingcatholic.org/pancake-breakfast).



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# Dowling Catholic Blood Drive

*honoring Ava*


Ava was a sweet, gentle and caring girl. She could always be found spending time with her family and friends. She graduated from Dowling Catholic High School in 2021. In November 2021, while attending Iowa State, she was diagnosed with Small Cell Carcinoma of the Ovary. She had to receive blood and platelets many times during her intensive treatment, often times having to wait long periods while blood could be located for her. She was O negative and could only receive O negative blood. Sometimes blood would have to come from another hospital and a few times a different city. Ava planned to hold a blood drive when she recovered to pass forward the gift of blood that had been given to her. Ava passed on September 11, 2022, and we honor her memory through this Blood Drive.

## Dowling Catholic BLOOD DRIVE


### Monday, Oct 30th

8:30am - 1:30pm

*Dowling Catholic High School-Behind the Bleachers*  
1400 Buffalo Road | WDM

 **APPOINTMENTS ARE ENCOURAGED**

Text: LIFESERVE to 999-777 • Call: 800-287-4903  
Visit: [lifeservebloodcenter.org](http://lifeservebloodcenter.org)



**YOUR BLOOD. YOUR HOSPITAL. YOUR NEIGHBORS.**

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**St. Theresa Catholic School**  
515-277-0178 [stcs@stsdsm.com](mailto:stcs@stsdsm.com)