



# ST. THERESA CATHOLIC

FAITH • SERVICE • COMMUNITY • EDUCATION

## January 25, 2024 News & Updates

---

### Upcoming Important Dates

1/26/24 8:30 a.m. School Mass -  
Castellano

1/28/2024 9:30-11:30 a.m.  
Catholic Schools Week Pancake Breakfast  
& Open House - School

1/29/24 Catholic Schools Week

1/31/24 12 p.m., Early Dismissal

2/3/24 6:30 -8:30 p.m. Daddy/Daughter  
Era Dance/All Star Mother & Son Night

2/13/24 5:30 p.m. St. Theresa Catholic  
Mardi Gras Event

[Boys Basketball Schedule](#)

---

CELEBRATE CATHOLIC  
SCHOOLS WEEK



January 28 - February 3, 2024

### Catholic Schools Week

We are gearing up for Catholic Schools week, January 28-February 3, 2024. Join us for Mass on January 28, at 8:30 a.m. or 10:30 a.m. Our students will be serving various ministries during these two Masses. Following Mass head over to the gym to enjoy a pancake breakfast, 9:30-11:30 a.m. Our school will be open for tours. Ask a friend or family to join you and show off our amazing school!

Please consider signing up to help with one of the Masses as we kick off Catholic Schools Week.

[8:30 a.m. Mass Ministries Jan 28](#)

[10:30 a.m. Mass Ministries for 1/28](#)

We need volunteers to have a successful Pancake Breakfast/Open House on Sunday 1/28/24 to kick off Catholic Schools Week this weekend. Click on the link to sign up to volunteer:

<https://www.signupgenius.com/go/9040A4CAA82DA4FD0-47431890-sttheresa>



## **CATHOLIC SCHOOLS WEEK at St. Theresa Catholic School** **JANUARY 28 - FEBRUARY 2, 2024**

**ALL WEEK: Shout Outs available for purchase during the entire week for 25 cents. All proceeds go towards each grade band's cause. Primary students bring in toilet paper for our St. Theresa Food Pantry. Intermediate students bring in gently used or new children's blankets for Mary's Helping Hands. Middle school students are serving meals each month at Connection Cafe.**

### **Sunday, January 28: Celebrate Families**

- Open House and Pancake Breakfast (Please visit your child's classroom or other classrooms in the building for a surprise from your child). Scavenger Hunt for families.
- Students encouraged to serve at the Pancake Breakfast

### **Monday, January 29: Community Day**

- Peace and Justice activities in the classroom
- Tour the St. Theresa Food Pantry (Primary)

### **Tuesday, January 30: Celebrate Our Students (Out Of Uniform)**

- Classrooms visit with other classrooms (Service Project/Play Board Games)
- Shout Outs from students to others at STCS (.25 cents per shout-out)
- Teachers writing special notes to our students
- Dress school appropriate out of uniform day

### **Wednesday, January 31: Celebrate Our Nation (Out Of Uniform)**

- Catholic leaders/Dowling Students speak about their experiences of Catholic Education
- Noon-dismissal for Diocesan Mass at St. Joseph (Teachers Only)
- Wear Red, White, or Blue OR your native country's colors

### **Thursday, February 1: Vocations Day (Out of Uniform)**

- Fr. Daniel to speak to Middle School Students regarding his pro-life vocation story
- Fr. Dan Kirby to speak PreK-5 about Vocations
- Take a spiritual walk through classrooms and pray for vocation life at STCS
- Dress Up for Jesus! Please wear your Sunday best. (Bring PE shoes if needed)

### **Friday, February 2: Celebrate Staff and Volunteers (Wear Green Mass Polos)**

- 8:30 Mass Feast of the Presentation of our Lord (Little Flower and Birthday awards)
- 9:30 Volunteer Breakfast-Parish Hall
- Staff Lunch provided
- 2:30 Teachers vs. 8th Grade Volleyball game
- Closing assembly

# Immigration Reform

Please take time to read the attached document and take action accordingly. [Tell Congress You Support Immigration Reform that Respects Religious Liberty](#)

3 FEBRUARY, 2024 - 6:30 - 8:30 PM

## DADDY DAUGHTER ERA



## ST. THERESA DADDY DAUGHTER DANCE

ST. THERESA PARISH HALL  
\$20 per adult and \$10 per child  
Games and snacks provided

Join us for two fun events on Saturday, February 3, 6:30-8:30 p.m. The Daddy Daughter Era Dance will be in the parish hall and the All Star Mother & Son Night in the school gym. Tickets may be purchased at the door. \$20/adult and \$10/child. Snacks and activities will be provided at both events.



## MOTHER & SON NIGHT

On February 3rd at 6:30 - 8:30pm  
St. Theresa School Gym  
\$20 for adult/\$10 per child  
Games and snacks provided

**GLOWIN' TO THE GALA**  
Saturday  
April 13, 2024

**STCS Annual Gala and Auction**

The **STCS Annual Gala and Auction** will raise funds to improve safety and security around the school and church campus. To accomplish our safety goals, we have set a goal of \$75,000.

- REMODEL FRONT SCHOOL ENTRANCE VESTIBULE FOR HIGHER SECURITY
- UPGRADING INTERIOR DOORS
- UPGRADING INTERIOR DOOR LOCKS

If you would like to donate, checks can be mailed to 5919 Carpenter Ave, Des Moines IA 50311  
For questions email [stcsfundraising@stsdsm.com](mailto:stcsfundraising@stsdsm.com)

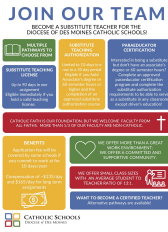
THANK YOU to all those who helped raise over \$65,000 for the 2023 Tiki Time Gala. Planning is underway to get us Glowin' to the Gala in April!

The STCS Annual Gala and Auction will raise funds to improve safety and security around the school and church campus. To accomplish our safety goals, we have set a goal of \$75,000.

- Remodel front school entrance vestibule for higher security.
- Upgrading interior doors
- Upgrading interior door locks

More information to come about this fun event!

Questions may be directed to [stcsfundraising@stsdsm.com](mailto:stcsfundraising@stsdsm.com)



## Substitute Teaching

Would you like to earn some extra money while helping our great school? Read through the [attached flier](#) to learn more about becoming a substitute teacher and helping our school.

---

## Parish News



### Week of Prayer for Christian Unity

Please be part of the Week of Prayer for Christian Unity Service on Thursday, January 25 at 6:30 p.m. at Windsor Heights Lutheran Church, 1244 66th St. Three other neighboring congregations are involved: Windsor Presbyterian Church, Windsor United Methodist Church and St. Theresa Catholic Church. Fr. Raphael will deliver a homily on the parable of the Good Samaritan reading.

Reception follows the prayer service in WHLC Parish Hall. Since 1968, Christians around the world have set aside a week of prayer for Christian unity. Mark your calendar to join with our neighbors at this prayer service.



Join us on Fat Tuesday, February 13, 2024, at 5:30 p.m., for our first Mardi Gras celebration.

We hope you can join us for this parish community event to bring parishioners together to celebrate Mardi Gras and eat good food. We will have some fun activities to kick off Lent too.

The Mardi Gras celebration will be held in the parish hall and the cost is free!

### O Come Let us Adore Him

Make a SPIRITUAL RESOLUTION this year! Come and spend time with Emmanuel who has been born. Each week Holy Hour is on Tuesday night from 7-8 p.m.

### Lunch & Learn

**How do you feel about bees?** Father Tim Fitzgerald will be our speaker at the February 1st Lunch and Learn. He will be bringing some equipment to show, some honey to sample, some bottles for purchase, and some stories. Mark your calendar to join us February 1, at 10 a.m. and bring a potluck dish.

### Parish Wide Family Service Project Night

Making Tie Blankets, Knitting & Card Making - Wednesday, January 31, 6:30 - 8 p.m. School Gym. Join us in making tie blankets, knitting, and making cards for various organizations. We are asking families to bring at least one piece of fleece three yards in length to help with this project. We also encourage people to bring scissors for this project. We are also looking for adults who would like to help out that evening as well. Please contact Megs, [mhowes@stdsm.com](mailto:mhowes@stdsm.com), with any questions, to volunteer or to attend.

## Palms

Believe it or not, it's time to bring in your old palms. Lent begins on February 14 with the palm burnings sometime in late January. If you have palms to burn, bring them to the office or to church. Sacks will be available for you to place them.

---

## DCHS Activities

### Dowling Catholic 6th, 7th & 8th Grade Dance Clinic

Sponsored by the Dowling Catholic Dance Team

**Who:** All 6th, 7th & 8th graders interested in trying out the for DCDS Dance Team

**When:** Friday, February 9th, 2024

Registration, Clinic & Performance: 3:45-8:45

Performance: Halftime of the Varsity Girl's (6:15)


and Varsity Boy's (7:45) Basketball Games

**Where:** Dowling Catholic Cafeteria (East Side) and Dowling Catholic Gym

**Fee:** \$50.00 (Includes t-shirt and pizza)

#### Details:

- Clinic participants will need to wear black leggings, jazz shoes, and clinic t-shirt for the performance.
- Please enter through the west cafeteria doors for registration.
- Participants will perform at the halftimes of both games.
- Participants will watch the Dance Team perform at pregame, eat pizza, and have a question and answer session with the Dance Team
- If not signed up before February 1st, there is no guarantee of a t-shirt.
- **To sign up please visit the Dowling Catholic Website - click on Athletics/Camps & Clinics**
- Contact the Dance Team Coaches at [dowlingcatholicdanceteam@gmail.com](mailto:dowlingcatholicdanceteam@gmail.com) with any questions



**Summer Swimming Lessons with Riptide**  
Registration begins March 1, 2024 for group and private lessons.

**Swimming Dates**  
Sessions 1 through 4: June 17 to Thursday, June 21  
Sessions 5 through 8: June 23 to Thursday, June 27  
Sessions 9 through 12: July 1 to Thursday, July 5

The Riptide Group Instructional Lessons are designed to give families an affordable way to teach kids water safety and basic swimming strokes. All lessons are taught with a method of cooperative learning, not fear or force. We will work to build skills and confidence in the water in an encouraging, caring, and fun environment.

Large group and therapy lessons are limited to students at their respective schools. We also accommodate a 1:1 private lesson for those students who need extra attention.

For more information:  
Website: [www.dowlingcatholic.org](http://www.dowlingcatholic.org)  
Email: [dchswimminglessons@gmail.com](mailto:dchswimminglessons@gmail.com)  
Call: 202-552-2224

## Summer Swimming Lessons

Click [here](#) to read more about the swim lessons offered at Dowling Catholic High School this summer.



## **Spring Soccer Registration**

Dowling Soccer Club's spring program is right around the corner, and we would love to have you be a part of our club! Registration for the upcoming spring season is open now through February 20.

Register today at: [www.dowlingsoccerclub.org](http://www.dowlingsoccerclub.org)

### About Dowling Soccer Club

Dowling Soccer Club is a family-oriented soccer club that provides an opportunity to play organized soccer at recreational levels for players ages 5-14 years old. We offer challenging programs that place the focus on the development of the whole player within a team environment. The Club provides age-appropriate programs that focus on sportsmanship, leadership, competition, and the love of the game to enrich each player's life.

Participation in the Dowling Soccer Club is open to all youth. Present or future attendance at Dowling Catholic High School is not a requirement to play for the Dowling Soccer Club.

### Recreational Soccer

Rec soccer is open to all players ages 8-14 and offers players, families, and volunteer coaches an enjoyable soccer experience focused on developing each player and fostering a love of the game. The Spring season will run from April through the first weekend in June. Matches are scheduled on Saturdays and Sunday afternoons with home matches being held at Dowling Catholic High School.

Cost: \$150

Sign-up Deadline: February 15

Register today at: [www.dowlingsoccerclub.org](http://www.dowlingsoccerclub.org)

### Mini Maroons & new Mighty Maroons Soccer

Mini Maroons and Mighty Maroons are instructional programs that introduces **boys and girls ages 4-7** to the basic skills of soccer taught by the Women's Varsity Coach at Dowling Catholic High School JP Pearson. Mini Maroons are for children ages 4-5 and Mighty Maroons are for 6-7-year-olds looking to have fun and compete in short-sided games. Our program is held from **10:00-11:00 am on Saturday** mornings at Dowling Catholic High School. There will be a total of **6 sessions held April 20 through May 25**. Each week, players participate in 30 minutes of age-appropriate instructions followed by 30 minutes of small-sided scrimmaging.

Mini Maroons: \$65

Mighty Maroons: \$75

Deadline: February 29

Registration for these programs is now open and available at: [www.dowlingsoccerclub.org](http://www.dowlingsoccerclub.org)

Questions? Please contact Dowling Soccer Club at [DowlingSoccer0@gmail.com](mailto:DowlingSoccer0@gmail.com)

## **Middle School Throws Camp 2024**

Date: March 23rd

Time: Session 1 (9-11:30), Session 2 (12-2:30), Session 3 (3-5:30) Only if there is enough interest

Location: St. Francis Track

Limit: 25 athletes per session, will allow me to make 5 groups of 5 and be able to help each athlete more. We had about 48 kids last year over the 2 days, and the biggest session was roughly 26 kids.

Questions? Contact Logan Greiner - [greinerlj@yahoo.com](mailto:greinerlj@yahoo.com)

Sign up [HERE](#)

---

**St. Theresa Catholic School**  
**515-277-0178 [stcs@stdsm.com](mailto:stcs@stdsm.com)**