



ST. THERESA CATHOLIC

FAITH • SERVICE • COMMUNITY • EDUCATION

February 15, 2024 News & Updates

Upcoming Important Dates

2/15/24 No School; Conferences
10-12 p.m.

2/29/24 Spirit Day

2/16/24 No School

3/1/24 7 p.m. Middle School Play

2/19/24 No School - Professional
Development

3/3/24 1 p.m. Middle School Play

2/20/24 6-7 p.m. Early Education
Information Night

3/6/24 8:35 a.m. School Mass - Hug

2/23/24 8:35 a.m. School Mass - Hoben

3/8/24 Track Registration Deadline

[Boys Basketball Schedule](#)



Lenten Meals

Join us each Friday, 5:30 - 7 p.m. during Lent (except Good Friday) for a delicious meal provided by our St. Theresa Catholic Knights of Columbus. The meal will include: fried fish, baked fish, fish tacos, cheese pizza, French fries, coleslaw, macaroni & cheese and desserts. Free will offerings will be accepted. We are looking for volunteers to make desserts. If you would like to provide baked goods for our upcoming fish dinners please sign up [here](#).



Altar Servicing

Altar Servers play an important role in the Mass and with developing our relationship with the Church and God. Be that important role! Grow in your faith and help Father! Mark your calendar for our next training on Thursday, February 22, 6:30-7:30 p.m. in the church. Contact Josh Tyrell, tyrrell.w.j@gmail.com or 319.931.6724 with questions.



Click [here](#) for another reminder of how to prevent wintertime illnesses, such as influenza. Please take a minute to read this information. Stay healthy and rested! Make sure to be using good handwashing hygiene to prevent germs from spreading!



It's that time again! The Gala Committee is hard at work preparing auction baskets and are looking for donations of all kinds. Please see the [Sign Up Genius](#) for more detailed information.

Early Education

Information

Night



Join us for our early education information night to learn about our 3 Year Old Pre-School, PreK & Kindergarten programs at St. Theresa Catholic School

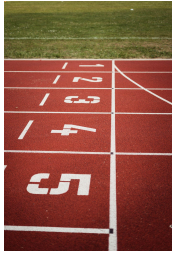
- Meet Teachers and School Staff
- Visit Classrooms

TUESDAY
FEBRUARY 20

6-7 PM

ST. THERESA
CATHOLIC
SCHOOL GYM





Track Registration for all 5-8th graders is open!

Cost is \$50

All registrations are due by March 8th in order to place our uniform order.

Practice Schedule:

Thursday 6:30-8 p.m. at St. Francis Track

Saturday 3-4:30 p.m. at Dowling Catholic High School Track

*Practices begin on March 21st

All athletes must make it to at least one of the two practices leading up to that week's track meet in order to participate. Click [here](#) to register.

2024 Parochial Track Schedule

Monday, April 1 - 7/8 Meet #1

Monday, April 8th - 5/6 Meet #1

Monday, April 15th - 7/8 Meet #2

Thursday, April 18th - 5/6 Meet #2

Tuesday, April 30th - 7/8 Meet #3

Monday May 6th - 5/6 Meet #3

Monday, May 13th - Championship Meet (all grades 5-8)

Diocese of Des Moines Career Fair

Calling all educators (Catholic and non-Catholic)! Kickstart a rewarding career in education with the Diocese of Des Moines! Join us for a virtual career fair and discover the Catholic School difference. During the career fair, participants can visit with school administrators and interview to work at our schools. Click [here](#) for more information.

JOIN OUR TEAM

BECOME A SUBSTITUTE TEACHER FOR THE DIOCESE OF DES MOINES CATHOLIC SCHOOLS!

- FINANCIAL BENEFITS:** Earn up to \$1,000 per week. Flexible hours. No experience necessary.
- PROFESSIONAL DEVELOPMENT:** Gain valuable classroom management and instructional skills. Earn a substitute teaching certificate.
- WORKING CONDITIONS:** Safe, supportive environment. Collaborative colleagues.
- ADDITIONAL BENEFITS:** Health insurance, dental, vision, and life insurance. Paid vacation and sick leave.
- TEACHER CERTIFICATION:** Earn a substitute teaching certificate through the Iowa Department of Education.
- WORK FOR A GREAT SCHOOL:** Work for a Catholic school that is part of a great tradition.

CATHOLIC SCHOOLS
DIOCESE OF DES MOINES

Substitute Teaching

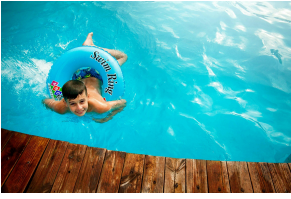
Would you like to earn some extra money while helping our great school? Read through the [attached flier](#) to learn more about becoming a substitute teacher and helping our school.

Sports Camp and Clinic Information



Football Camp

Click [here](#) for more information regarding the 2024 Youth Drake Football Camps.



Summer Swimming Lessons

Click [here](#) to read more about the swim lessons offered at Dowling Catholic High School this summer.



Spring Soccer Registration

Dowling Soccer Club's spring program is right around the corner, and we would love to have you be a part of our club! Registration for the upcoming spring season is open now through **February 20**.

Register today at: www.dowlingsoccerclub.org

About Dowling Soccer Club

Dowling Soccer Club is a family-oriented soccer club that provides an opportunity to play organized soccer at recreational levels for players ages 5-14 years old. We offer challenging programs that place the focus on the development of the whole player within a team environment. The Club provides age-appropriate programs that focus on sportsmanship, leadership, competition, and the love of the game to enrich each player's life.

Participation in the Dowling Soccer Club is open to all youth. Present or future attendance at Dowling Catholic High School is not a requirement to play for the Dowling Soccer Club.

Recreational Soccer

Rec soccer is open to all players ages 8-14 and offers players, families, and volunteer coaches an enjoyable soccer experience focused on developing each player and fostering a love of the game. The Spring season will run from April through the first weekend in June. Matches are scheduled on Saturdays and Sunday afternoons with home matches being held at Dowling Catholic High School.

Cost: \$150

Sign-up Deadline: February 15

Register today at: www.dowlingsoccerclub.org

Mini Maroons & new Mighty Maroons Soccer

Mini Maroons and Mighty Maroons are instructional programs that introduces **boys and girls ages 4-7** to the basic skills of soccer taught by the Women's Varsity Coach at Dowling Catholic High School JP Pearson. Mini Maroons are for children ages 4-5 and Mighty Maroons are for 6-7-year-olds looking to have fun and compete in short-sided games. Our program is held from **10:00-11:00 am on Saturday** mornings at Dowling Catholic High School. There will be a total of **6 sessions held April 20 through May 25**. Each week, players participate in 30 minutes of age-appropriate instructions followed by 30 minutes of small-sided scrimmaging.

Mini Maroons: \$65

Mighty Maroons: \$75

Deadline: February 29

Registration for these programs is now open and available at: www.dowlingsoccerclub.org

Questions? Please contact Dowling Soccer Club at DowlingSoccer0@gmail.com

Middle School Throws Camp 2024

Date: March 23rd

Time: Session 1 (9-11:30), Session 2 (12-2:30), Session 3 (3-5:30) Only if there is enough interest

Location: St. Francis Track

Limit: 25 athletes per session, will allow me to make 5 groups of 5 and be able to help each athlete more. We had about 48 kids last year over the 2 days, and the biggest session was roughly 26 kids.

Questions? Contact Logan Greiner - greinerlj@yahoo.com

Sign up [HERE](#)

St. Theresa Catholic School
515-277-0178 stcs@stdsm.com