



ST. THERESA CATHOLIC

FAITH • SERVICE • COMMUNITY • EDUCATION

March 7, 2024 News & Updates

Upcoming Important Dates

3/8/24 Track Registration Deadline

3/28/24 Spirit Day

3/8/24 - 3/15/24 No School Spring Break

3/29/24 2:30 p.m. Dismissal - Good Friday

3/22/24 8:35 a.m. School Mass - 4th Grade

3/30/24 10 a.m. Easter Egg Hunt

3/27/24 8:35 a.m. School Mass - 3rd Grade

4/1/24 No School



Tuition Assistance

Catholic Tuition Organization/Diocesan Tuition Assistance online applications are currently open. The deadline for submissions is April 15th. The application deadline coincides with the federal tax filing deadline.

[CTO Flyer](#)

To apply, visit www.fairapp.com and enter the **school code 450** and the **password 450ddm**. Please contact Kaisha Lowe, klowe@stsdsm.com with any questions.

ESA

Click [here](#) to read up more about ESA and how it applies to your family.

Sister Jude Scholarship

We have an exciting opportunity to share with you. For the past several years at the Gala, a paddle raise donation has been done to raise money for extracurricular activities for students who want to participate but families are unable to support the cost of the extracurricular activity. A portion of these funds will be used to help your family pay for extracurricular activities for your student. While the support may not cover the full cost of the activity, it could cover part of the fee. We are currently accepting applications for 2024 winter and spring activities.

Attached you will find an application to fill out to apply for Sister Jude Fitzpatrick Fund. Applications are due March 22 by 12 p.m. If you need a printed copy of the application, please stop by the school office Monday-Friday during school hours. You will be notified March 29 of your award amount. Kaisha Lowe, klowe@stdsdsm.com, if you have any questions.

[Sister Jude Scholarship Application](#)



Lenten Meals

Come support our school by attending our weekly fish fry's! A portion of the sales will go towards supporting the Glowin' To The Gala. Grab a delicious dinner, support our school and meet new friends!

Join us each Friday, 5:30 - 7 p.m. during Lent (except Good Friday) for a delicious meal provided by our St. Theresa Catholic Knights of Columbus. The meal will include: fried fish, baked fish, fish tacos, cheese pizza, French fries, coleslaw, macaroni & cheese and desserts. Free will offerings will be accepted. We are looking for volunteers to make desserts. If you would like to provide baked goods for our upcoming fish dinners please sign up [here](#).



The annual gala is around the corner, and we need your help! We are putting together several large baskets with fun themes for the silent auction. These baskets are replacing classroom baskets that have been donated in the past.

We have two separate registries set up for families to purchase from. Or, we're happy to do the shopping for you! Any monetary donation and/or gift card to local stores would be appreciated too. We would also appreciate donations of gifts cards for local restaurants or fun things to do around Des Moines!

Items purchased from the registries can be shipped directly to the gala committee or items/donations can be dropped off to the school office attn: Gala Committee. Donations are due by Monday, 3/25/24. The links to the registries can be found by clicking on the

[Sign Up Genius](#) link. Please include a copy of the receipt with any items donated. If you would like to donate cash, please visit [handbid](#) and select the "donate now" button. Checks can be delivered to the school office, Attn: Gala Committee. We appreciate your help and support of our school.

Bullying Poster Winners

The Student Council thanks all of the students that participated in the bullying poster contest. They have chosen the winners.

Congratulations to our winners!

Kindergarten: Audrey Morhfeld and Keegan Ries
1st grade: Maria Mugeni and Natalie Willenborg

2nd grade: Nhi Nguyen and Rowan McTaggart

5th grade: Tadeo Perez-Ramirez and Layla Dullard

Posters will be hanging around the school. Winning posters are displayed in the gym!



ST. THERESA CATHOLIC SCHOOL INVITES YOU TO OUR ANNUAL

EASTER Egg Hunt

SATURDAY, MARCH 30

EGG HUNT BEGINS AT 10 AM

SCHOOL FIELD

BRING YOUR OWN BAG OR BASKET!



CANDY DONATIONS ARE NEEDED PLEASE BRING TO SCHOOL OFFICE.

Save the date for our annual Easter Egg Hunt! Candy donations are needed - please drop off in the school office.



Start gathering your teams and sign up for the annual dodgeball tournament held on April 5, 2024! Click [here](#) to register. Doors open at 6 p.m. and games begin at 6:30 p.m.

Track Registration for all 5-8th graders is open!

Cost is \$50

All registrations are due by March 8th in order to place our uniform order.

Practice Schedule:

Thursday 6:30-8 p.m. at St. Francis Track

Saturday 3-4:30 p.m. at Dowling Catholic High School Track

*Practices begin on March 21st

All athletes must make it to at least one of the two practices leading up to that week's track meet in order to participate. Click [here](#) to register.

2024 Parochial Track Schedule

Monday, April 1 - 7/8 Meet #1

Monday, April 8th - 5/6 Meet #1

Monday, April 15th - 7/8 Meet #2

Thursday, April 18th - 5/6 Meet #2

Tuesday, April 30th - 7/8 Meet #3

Monday May 6th - 5/6 Meet #3

Monday, May 13th - Championship Meet (all grades 5-8)

St. Michael's Spring Retreat

Open to all Catholic boys in grades 3-8. Fun activities, games, and talks. The retreat is led by high school boys along with five priests participating.

Where: St. Augustin's school and school chapel

When: Saturday, March 23, 8:30 a.m. - 6 p.m. (Ending with 5 p.m. vigil Mass at church)

Cost: \$50 day retreat (scholarships available)

Registration is limited to 35 boys and is due by Tuesday, March 19. Contact Jeff Pierick, kmpierick@gmail.com or 515-778-6087, to register. Please include the boy's name, grade, parent email and parent phone number.



Girl Scout Cookie Time!

Support your parish and parish school Girl Scouts as they sell Girl Scout cookies February 1st through March 24th. Last year, Troop 363 cookie sales helped make it possible to donate \$1,100 to the Togo Committee for a teacher's salary. Cookies will be available for purchase after all Masses March 16 & 17th. Or contact Angela Thraillkill to find a St. Theresa Girl Scout to fulfill your order - 515-971-0674. Thank you.

Sports Camp and Clinic Information

Summer Youth Camps

DCHS registration is open for summer youth camps

<https://www.gobound.com/ia/schools/dowling/camps>

Soccer Volunteers - Ball Boys & Girls

Volunteers, ages 4th grade and up, are needed to be ball boys/girls for the Dowling Catholic Varsity boys soccer home games this season. The ball boys/girls stand around the outside of the track during games and retrieve balls that have gone out of bounds so the players don't have to run to get them. Please use the link below to sign up. 4-6 per game and for Varsity games only (highlighted in yellow in the ball boys/girls column). Please include an email address. Middle schoolers can receive service hours.

[2024 DCHS Boys Soccer Home Game workers](#)

DOWLING SOCCER CLUB - MINI + MIGHTY MAROONS

MINI-MAROONS are for children ages 4-5 and MIGHTY-MAROONS are for 6-7-year-olds looking to have fun and compete in short-sided games. Our program is held from **10:00-11:00 am on Saturday** mornings at Dowling Catholic High School. There will be a total of **6 sessions held April 20 through May 25**. Each week, players participate in 30 minutes of age-appropriate instructions followed by 30 minutes of small-sided scrimmaging. It's a great way to be coached by the Women's Varsity Coach at Dowling Catholic High School JP Pearson and many of his players.

Mini Maroons: \$65

Mighty Maroons: \$75

Deadline: February 29

Registration for these programs is now open and available at: www.dowlingsoccerclub.org

Questions? Please contact Dowling Soccer Club at DowlingSoccerClub0@gmail.com

Check us out on Facebook at : <https://www.facebook.com/DowlingSoccerClub1>

Football Camp

Click [here](#) for more information regarding the 2024 Youth Drake Football Camps.

Summer Swimming Lessons & Swim Team

Click [here](#) to read more about the summer swim team at Dowling Catholic High School. Click [here](#) to read more about the swim lessons offered at Dowling Catholic High School this summer.

Middle School Throws Camp 2024

Date: March 23rd

Time: Session 1 (9-11:30), Session 2 (12-2:30), Session 3 (3-5:30) Only if there is enough interest

Location: St. Francis Track

Limit: 25 athletes per session, will allow me to make 5 groups of 5 and be able to help each athlete more. We had about 48 kids last year over the 2 days, and the biggest session was roughly 26 kids.

Questions? Contact Logan Greiner - greinerlj@yahoo.com

Sign up [HERE](#)