



November 21, 2024 News & Updates

Upcoming Important Dates

11/22/24 School Mass, 8:30 a.m.

11/25/24 School Mass, 8:30 a.m.

11/27/24-11/29/24 Thanksgiving Break - No School

12/6/24 MS Ugly Sweater Party

12/9/24 PK-5 Concert 6:00 p.m.

12/16/24 Middle School Concert, 7:00 p.m.

[2024-2025 School Calendar](#)

Photo Consent

Thank you to the many families who have registered in jmc! This helps us with all kinds of processes, including photo consent. Many families did not complete the photo consent question. Moving forward we assume that you agree with the photo consent unless you login to your jmc account and select no.

Student Health

It is the cold and flu season. We wanted to remind you if a student has a fever they must be out of school for a minimum of 24 hours after the fever ends without medicine. If they are throwing up or have diarrhea, they need to be out of school for a minimum of 24 hours after it ends. An example would be if they develop a fever or vomit at school, they will be sent home and should not return the next day. If they remain fever free and/or no longer vomiting after the day home, they may return the following day.

If your child has a cough and you would like them to have cough drops during the day, please send a supply of cough drops with them to leave in the office. They can visit the office if they need one.

Student Absences

If your student is going to miss school for any reason, you must call or email the school office by 8:45 a.m.. Attendance is very important. If you need to pick up your student for any reason during the school day, you also must call or email the school office in advance. This helps everyone to be prepared.

Middle School Play Sign Ups

Please use this link to sign up:

<https://www.signupgenius.com/go/10C0E4DACAE2FAAFBC43-53346543-middle>

Auditions Monday, November 25th and Tuesday November 26th, 3:30-4:15 p.m. in classroom 203. Previous acting experience NOT NEEDED! Your child only needs to attend ONE audition.

Practices will begin December 3rd and run until the end of February. Performances are scheduled the weekend of February 28.

ALL STUDENTS (cast/crew) will need to submit a completed Audition Form by Tuesday, November 26th. Paper copies will be distributed to students at school Friday, November 22nd. Electronic copy is attached.

Practices will begin the week of December 3rd after school and are held two-three times a week. Play performances are scheduled the weekend of February 28th.

Contact Ms. White with any questions kwhite@stsdsm.com

[Audition Form](#)



SPORTS

7th and 8th grade Winter Weightlifting

Click [here](#) for more information.

5-8th Grade Cheerleading

Calling all 5th-8th grade girls interested in cheerleading for our St. Theresa basketball teams. Sign up for cheerleading now! Register by 12/6/24. There are five weeks of regular season games and a season ending tournament on Saturday 1/25/25-3/2/2025. Practices can start mid-December (after girls season is over) but typically do not start until January.

WE NEED COACHES! Ideally we would like a coach from each grade represented even though we know grade levels will most likely be combined. If you are interested in helping please contact Erica Niggemeyer, athletic director at 319-470-4275.

If your daughter plans on participating in cheerleading, please complete the following:

- Online Registration Form, [click here](#)
- St. Theresa Sports Physical and Concussion Form need to be up to date and on file in the school office (within the last 12 months) to participate in practice or games. [Click here](#) for the health physical and concussion forms.

Eligibility: St. Theresa Catholic School & Parish Members Grades 5th-8th

Cost: \$50 billed to your Tuition Account

5th-8th Grade Boys Basketball Registration

Calling all 5th-8th grade boys interested in playing on a St. Theresa Catholic basketball team – Sign up for basketball now! Register by Friday, 12/6/2024. There are five weeks of regular season games and a season ending tournament on Saturdays dates 1/25/2025-3/2/2025. Practices can start mid-December (after girls season is over) but typically do not start until January.

WE NEED COACHES! Ideally we would like a coach from each grade represented even though we know grade levels will most likely be combined. If you are interested in helping please contact Erica Niggemeyer, 319-470-4275 or ericaniggemeyer@gmail.com.

If your son plans on playing basketball, please complete the following:

- Online Registration Form, [click here](#)
- St. Theresa Sports Physical and Concussion Form need to be up to date and on file in the school office (within the last 12 months) to participate in practice or games. [Click here](#) for the health physical and concussion forms.

Eligibility: St. Theresa Catholic School & Parish Members Grades 5th-8th

Cost: \$65 billed to your Tuition Account

If you have any questions regarding cheer or basketball please contact Erica Niggemeyer 319-470-4275 or ericaniggemeyer@gmail.com.

-St. Theresa Catholic Athletics

Nonpublic Transportation Reimbursement Deadline December 1

Families of students in grades K-8 may be eligible for a nonpublic transportation reimbursement if they live more than two miles away, one-way from St. Theresa Catholic School. Forms must be submitted each semester (due Dec. 1 & May 1) according to the requirements of each district. Eligible families will receive one check following the end of the school year.

Please click below on the school district in which you reside for instructions:

[Adel DeSoto Minburn](#)

[Ankeny](#)

Dallas Center-Grimes - please [email](#) your [form](#).

Des Moines Public - DMPS will NOT accept paper copies. Please [click here](#) to complete the form online.

Southeast Polk - please print and mail [this form](#) to: Accounting Department, Southeast Polk Community School District, 407 8th Street SE, Altoona, IA 50009.

[West Des Moines Schools](#)

For all other districts, please submit the [reimbursement form](#) to the [public school address](#) in which you reside if you live more than two miles, one-way from St. Theresa Catholic School.

Sister Jude Scholarships

We have an exciting opportunity to share with you. For the past several years at our School Gala, a paddle raise donation has been done to raise money for extracurricular activities. This is for students who want to participate but families are unable to support the cost. A portion of these funds will be used to help your family pay for these extracurricular activities for your student. While the support may not cover the full cost of the activity, it could cover part of the fees.

Attached you will find an application to fill out and apply for Sister Jude Fitzpatrick Fund. The Sister Jude Fitzpatrick Fund committee will review your application. Please submit your applications by Friday, December 6th to klowe@stsdsm.com or bring it to the school office.

[Sister Jude Scholarship Application](#)

Iowa Catholic Conference - Immigration Letter

Please read the letter on immigration from the Iowa Bishops.

[English](#)

[Spanish](#)

[Early Childhood Education Classes Flyer](#) (click to access)

[Blog: Supporting the Future of Catholic Schools](#) (click to access online): This blog contains important information about why our schools need additional support, even with the availability of ESA funds and CTO.

[23-24 CSO Annual Report](#) (click to access online): Read the Catholic Schools of Des Moines annual report.

[ESA for Iowa Resources](#) (click to access online): ESA educational resources are available with this link.

Advent

Here is a link to several resources for Advent including Jesse Tree and O Antiphon Ornaments, a Christmas movie list, Advent Wreath, and daily reflections!

https://www.dmdiocese.org/living-advent?utm_source=dmdiocese.org&utm_medium=hp-slide&utm_campaign=living-advent



St. Theresa School & Parish 6-8 grade students

please join us for an

UGLY SWEATER PARTY

DECEMBER 6 7:00 - 9:00 PM

COME DRESSED IN YOUR FAVORITE CHRISTMAS JAMMIES OR UGLY CHRISTMAS SWEATER!

\$10 cash per student at door

Activities and Raffle prizes included!

Cash concessions will be available

All proceeds go to 8th Grade class



St. Theresa Annual Church Ladies

Bazaar & Bake Sale

Admission is free, bring friends & family!

December 7, 9 am - 3 pm

Lunch - Raffle

Vendors - Gifts, jewelry, art, home decor, crafts

Visiting & activity with Santa, 9-11 am

RSVP to Barb 515-277-1153

1230 Merle Hay Rd, Des Moines

St. Theresa Parish Hall - West Entrance



— BLUE CHRISTMAS

PRAYER SERVICE LED BY BISHOP JOENSEN

"Blue Christmas" is a contemplative church service of peace, healing and hope for anyone who is mourning a lost loved one or experiencing hurt of any kind. This service includes hymns, scripture readings, candle lighting and quiet reflection to help process feelings that the holidays may be a difficult time of year. Whether you are feeling blue or not, this gathering service unites us together to support one another as we express the fullness of God's goodness, faithfulness and love.



DEC. 10TH AT 6 PM
ST. AMBROSE CATHEDRAL

Scan the QR code to learn more.



DIOCESE OF DES MOINES
CULTIVATING CONNECTIONS IN CHRIST





Women of the Parish please join us for an

Advent Tea

DECEMBER **14** AT 2 PM

St. Theresa of the Child Jesus Parish Hall

Bring your daughters, granddaughters & friends!

Free will donation for Mary's Helping Hands
Most needed items are: Sippy cups, 8oz bottles,
wipes, and board books

Guest Speaker - Stacy Halbach
Mother, author and creator of
Jump In Family Life Ministry

Finger food, desserts & drinks
Tea party attire - Fascinators welcome

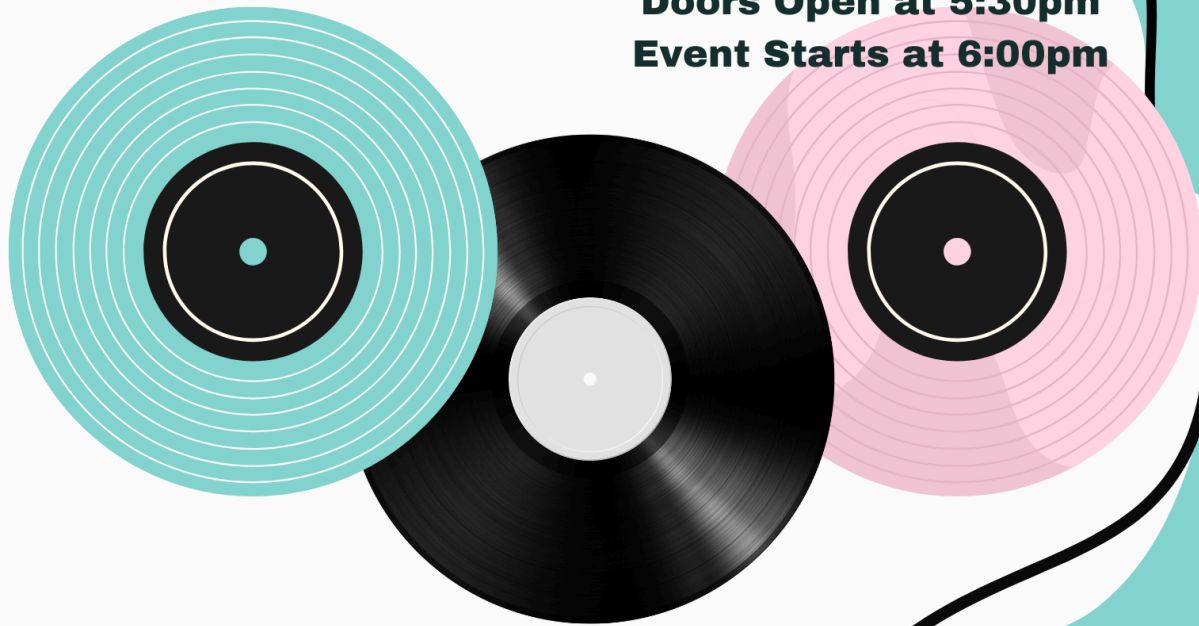
RSVP to Barb Chicoine by December 7th
Call or text 515-979-5172



St. Theresa's Jukebox Jamboree

Rock Around the Clock: A 1950s Party to Remember!

**Doors Open at 5:30pm
Event Starts at 6:00pm**



Step back in time to the fabulous 1950s for a fun-filled evening of music, dancing, and nostalgia! Our school fundraiser will transport you to the era of poodle skirts, leather jackets, and jukebox hits. Enjoy classic diner-style treats, a sock hop dance floor, and exciting raffles, all while supporting a great cause. Whether you're a greaser, a bobby soxer, or just a fan of '50s culture, this event promises to be a blast for all ages. So, grab your shades, twist and shout, and help us raise funds for St. Theresa's programs and projects. It's going to be a night of fun, laughter, and giving back—50s style!

Save the Date!

**April 26
2025**

CATHOLIC YOUTH CAMP



GROW IN FAITH

Be immersed in the beauty of the Catholic faith and live the adventure of His call by diving in deep with daily Mass, prayer, faith programming, speakers, and small groups!



BUILD FRIENDSHIPS

Laughter, new stories, and friendships that will last a lifetime can all be found at a week of CYC! Come with friends from home or make some new ones at CYC!



CREATE MEMORIES

Where life-changing peace meets transforming joy the memories that are made can be unforgettable! Get excited to make wonderful memories this summer!



**CYC 2025 REGISTRATION
OPENS 11/9 AT NOON!**

VISIT [STMCENTER.COM](https://stmcenter.com) TO LEARN MORE!



St. Theresa Catholic School
515-277-0178 stcs@stsdsm.com