



# ST. THERESA CATHOLIC

FAITH • SERVICE • COMMUNITY • EDUCATION

## **Physical Education Teacher Position**

St. Theresa Catholic School in Des Moines, Iowa, is seeking a dynamic and faith-filled Physical Education Teacher to serve students in PK4 through 8th grade. This full-time, 10-month position plays a vital role in promoting physical fitness, sportsmanship, teamwork, and lifelong healthy habits within a Christ-centered learning environment.

In addition to teaching Physical Education aligned to Iowa PE standards, the teacher will support students during WINN (What I Need Now) time for primary, intermediate, and middle school levels.

The Physical Education Teacher reports directly to the Building Principal and collaborates closely with faculty and staff to support the mission of Catholic education.

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## Essential Responsibilities

### Instruction & Curriculum

- Plan and implement a comprehensive PK4–8 Physical Education curriculum aligned with Iowa Core standards.
- Promote physical fitness, motor skill development, teamwork, sportsmanship, and healthy living habits.
- Organize and lead age-appropriate indoor and outdoor activities including team sports, fitness training, cooperative games, and skill development.
- Demonstrate and teach safety procedures related to all physical activities.
- Adapt lessons and activities to meet diverse learning needs, including accommodations for IEP and 504 plans.
- Assess student performance and fitness levels; maintain accurate and timely records of progress and grades.
- Prepare lesson plans, substitute plans, and maintain curriculum documentation.

### WINN Time Support

- Provide academic and/or enrichment support during WINN time for primary, intermediate, and middle school students.
- Collaborate with classroom teachers and specialists to support individual student needs.

- Help foster student growth through targeted small-group or individualized instruction.

## Program & School Responsibilities

- Prepare and maintain gymnasium and equipment before and after classes.
  - Monitor and care for PE equipment and facilities; assist with ordering and inventory.
  - Plan and coordinate special events such as Field Day and other school-wide fitness initiatives.
  - Supervise students during PE classes, recess, and assigned duties.
  - Participate in faculty meetings, in-service trainings, committees, and professional development.
  - Support one assigned extracurricular duty during the school year.
  - Uphold and follow school safety procedures, including emergency and lockdown protocols.
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## Faith & Professional Expectations

As a Catholic school educator, the PE teacher is expected to:

- Support and uphold the mission and philosophy of Catholic education.
  - Serve as a Christian role model in attitude, speech, and actions.
  - Integrate faith-based values such as respect, perseverance, humility, gratitude, and compassion into daily instruction and interactions.
  - Build positive, professional relationships with students, parents, faculty, and the broader parish community.
  - Maintain confidentiality and demonstrate integrity, dependability, and professionalism.
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## Qualifications

- Bachelor's degree in Physical Education or related field (required)
- Valid Iowa teaching license (or ability to obtain licensure)
- Experience working with elementary and/or middle school students preferred
- Strong classroom management and organizational skills
- Ability to differentiate instruction for diverse learners
- Effective written and verbal communication skills

- Knowledge of curriculum design, assessment practices, and instructional technology
  - Commitment to collaborative teamwork and professional growth
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## Work Schedule & Terms of Employment

- Full-time, salaried position
  - 10-month contract (school year schedule)
  - Standard school-day hours plus faculty meetings, in-service days, extracurricular duty
  - Competitive compensation
  - Employment contingent upon successful background check and completion of VIRTUS training
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## How to Apply

Interested candidates should submit:

- Cover letter expressing interest in the position
- Resume
- Statement of educational philosophy
- Three professional references
- Copies of teaching license and transcripts

To apply, please provide the following via US mail or email to:

Gretchen Watznauer, Principal

St. Theresa Catholic School

5810 Cara Carpenter Ave.

Des Moines, IA 50311

[gwatznauer@stsdsm.com](mailto:gwatznauer@stsdsm.com)

<https://sainttheresaiowa.org/school/>

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St. Theresa Catholic School is committed to forming students spiritually, academically, physically, and socially. We seek an enthusiastic educator who will inspire students to grow in health, character, and faith while fostering a lifelong love of physical activity.