

St. Theresa Catholic School Lunch Menu

October 2026

*Menu Subject to Change Without Notice

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST PRICES: Student \$2.75 Adult \$3.25	LUNCH PRICES: Student \$3.50 Adult \$5.14 Second Entrée \$1.75 Water \$.60 Milk \$.60	MILK CHOICES: Skim, 1%, Chocolate *This is an equal opportunity provider.		
			Oct 1 Bosco Stick Salad Apple Slices Grape Tomatoes Goldfish Crackers	Oct 2 Grilled Cheese Tomato Soup Orange Slices Celery Sticks
Oct 5 Hot Dog w/ Bun Baked Beans Grapes Pepper Slices	Oct 6 Walking Taco Green Beans Cantaloupe Grape Tomatoes Cookie	Oct 7 French Toast Sticks Hashbrown Apple Slices Sausage Links Yogurt	Oct 8 Spaghetti Salad Orange Slices Broccoli Florets	Oct 9 Pizza Crunchers Carrots Honey Dew Melon Cucumber Slices
Oct 12 Pizza Corn Grapes Pepper Slices	Oct 13 Macaroni and Cheese Peas Orange Slices Broccoli Florets String Cheese	Oct 14 Chicken Patty w/ Bun Baked Beans Apple Slices Grape Tomatoes	Oct 15 No School	Oct 16 No School
Oct 19 No School	Oct 20 Beef Nachos Fiesta Beans Apple Slices Cucumber Slices	Oct 21 Chicken Fries Corn Watermelon Broccoli Florets Roll	Oct 22 Pork Tenderloin w/ Bun Sweet Potato Fries Orange Slices Celery Sticks	Oct 23 Hot Ham & Cheese w/ Bun Salad Honey Dew Melon Grape Tomatoes

Oct 26 Chicken Nuggets Green Beans Grapes Pepper Slices Roll	Oct 27 Cheeseburger Fries Watermelon Broccoli Florets	Oct 28 Mini Corndogs Baked Beans Apple Slices Cucumber Slices	Oct 29 Bosco Stick Salad Honey Dew Melon Grape Tomatoes Goldfish Crackers	Oct 30 Grilled Cheese Tomato Soup Orange Slices Celery Sticks
Monday Breakfast Cereal Yogurt Fruit & Milk	Tuesday Breakfast Pancakes Or Cereal Yogurt Fruit & Milk	Wednesday Breakfast Muffins or Cereal Yogurt Fruit & Milk	Thursday Breakfast Breakfast Pizza Or Cereal Yogurt Fruit & Milk	Friday Breakfast French Toast or Cereal Yogurt Fruit & Milk

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To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.

Iowa Nondiscrimination Statement (Revised 7-1-25)

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