

Criteria to be a Sponsor

Sponsors for the sacrament of Confirmation must meet the conditions outlined in the Code of Canon Law (Can. 874 – 10) and the policy of the Diocese of Des Moines. Together they state that the person admitted to the role of sponsor must:

1. Be designated by the one to be confirmed
2. Not be one of the candidate's parents
3. Have the qualifications and the intent of performing this role
4. At least sixteen year of age
5. Be a Catholic who has been confirmed and has already received the Sacrament of the Most Holy Eucharist
6. Be an active, practicing Catholic
7. Be receiving the sacraments of Penance and Communion frequently
8. Be married in the Catholic Church, if married
9. Lead a life in harmony with the faith and the role to be undertaken

The pastor of the designated sponsor is normally responsible for determining that she/he understands the sponsor's role and is qualified to assume it.

Sponsor meets a minimum of two times privately with the candidate in each Preparation Year (Confirmation I and Confirmation II), minimum one hour each, for a total of four meetings.

Sponsors complete and submit the Sponsor Recommendation Form to the Pastor one month prior to the celebration of Confirmation.